

2017 Rare Disease Day Countdown

FEBRUARY 2017



RARE DISEASE DAY®

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Change your profile pic on social media http://www.rarediseaseday.us/get-involved/social-media/	2 Plan an event for Rare Disease Day Fundraiser, Advocacy, Education http://www.rarediseaseday.us/get-involved/host-an-event/ 	3 Request a proclamation from your local municipality declaring February 28 Rare Disease Day http://www.rarediseaseday.us/get-involved/proclamations-project/	4 Share the 2016 Rare Disease Day recap video CLICK HERE
5 Share a rare disease fact on your social media http://www.rarediseaseday.us/get-involved/press/ 	6 Share your personal story with rare disease on social media, blog or to a friend/colleague 	7 Hang a Rare Disease Day Poster in a public place http://www.rarediseaseday.us/get-involved/press/ 	8 Challenge your friends and family to join in raising awareness for Rare Disease Day 	9 Complete our Rare Disease Day crossword puzzle with a friend http://www.rarediseaseday.us/get-involved/press/ 	10 Send a letter to the editor to your local paper about Rare Disease Day http://www.rarediseaseday.us/get-involved/press/	11 Supporter Shout Out! Publicly thank your family and friends that have supported you on your rare disease journey
12 Share a rare disease fact on your social media http://www.rarediseaseday.us/get-involved/press/ 	13 Share the theme for this years Rare Disease Day: Research and include a relevant fact http://www.rarediseaseday.us 	14 Put a face to rare disease share a photo of a loved one affected by rare disease 	15 Share what you will be doing on Rare Disease Day 2017 http://www.rarediseaseday.us/events/tell-us-what-youre-doing/	16 Color one of the Rare Disease Day coloring pages and share it http://www.rarediseaseday.us/get-involved/press/ 	17 Share upcoming Rare Disease Day event info http://www.rarediseaseday.us/events/locations/ 	18 Supporter Shout Out! Publicly thank a medical professional that has helped you or a loved one with their rare disease journey
19 Share a rare disease fact on your social media http://www.rarediseaseday.us/get-involved/press/ 	20 Take the Rare Disease Day Trivia challenge http://www.rarediseaseday.us/get-involved/press/	21 Get Creative! Create a piece of artwork representing your rare journey 	22 Share: What you wish people knew about you or your loved one's rare disease 	23 Share the 2017 Rare Disease Day video 	24 Complete our Rare Disease word search with a friend http://www.rarediseaseday.us/get-involved/press/ 	25 Wear a picture badge of a person with a rare disease with their first name and their disease state for a day and share the information
26 Share a rare disease fact on your social media http://www.rarediseaseday.us/get-involved/press/	27 Pets for a Purpose! Share your pets photo in support of Rare Disease Day #petsforapurpose #rarediseaseday	28 RARE DISEASE DAY®	When sharing on social media be sure to use the official hashtag #RareDiseaseDay			



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